



THE HARROW HERALD

CHAIR ROUND UP

Just over a month to go with the league season, the ladies 2's are doing incredibly well at the top of the table! Can they go the whole season without conceding a goal??????

You'll see in "View from the Sidelines" that Tim is running the London Marathon, how amazing! There's a link to sponsor Tim and he is running for a local charity, and one which has been a support to past members of Harrow HC.

Socials are booked in for both the ladies and men's sections this month. Do try your best to attend as it's great to get together off the pitch.

Finally don't forget to sign up to the Dinner Dance, with a new venue it's looking set to be a great event! There's an Early Bird price so get in quick!

Have a great month on and off the pitch

Kerri



LET'S BE SAFE WHEN LOCKING UP!

Please can we all take responsibility when leaving training and ensure no one is left alone to lock up, it is usually a Coach or Club Captain. So please let them know you will stay to help.

If every player helps to pack equipment away and leave the pitch together it can be done with speed and safety.

NEW TRAINING TOP

The new Training Top is here! You can order online [HERE](#) or visit AJ Sports in Kenton to pick one up



KIT

Skorts, shorts and hoodies are now in stock at AJ Sports. So please get yourself down to the shop, have a try on.

<https://ajsports.co.uk/collections/harrow-hockey-club>

Don't forget AJ Sports are also offering a bundle discount offer:

- Buy 2 items: Get 5% off
- Buy 3 items: Get 7.5% off
- Buy 4 or more items: Get 10% off

Discount applies automatically in-store and online.
So why wait, order [HERE](#) now!

FEBRUARY RESULTS

1ST FEBRUARY

LADIES 1s	2-1	SURBITON SPARKS
MENS 1s	0-0	INDIAN GYMKHANA M4
LADIES 2s		BYE
MENS 2s		BYE
LADIES 3s	2-1	PHC CHISWICK W5
MENS 3s		BYE

8TH FEBRUARY

LADIES 1s	1-4	TEDDINGTON W2
MENS 1s	1-3	SOUTHGATE M5
LADIES 2s	8-0	PHC CHISWICK
MENS 2s	0-3	WINCHMORE HILL & ENFIELD
LADIES 3s	5-0	OLD UXONIANS W1
MENS 3s	2-4	SOUTHGATE

15TH FEBRUARY

LADIES 2s	6-0	WINCHMORE HILL & ENFIELD
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22ND FEBRUARY

LADIES 1s	1-3	SPENCER W2
MENS 1s	1-3	OMT M3
LADIES 2s	7-0	OLD UXONIANS W1
MENS 2s	1-2	PHC CHISWICK M6
LADIES 3s	3-0	WEST HAMPSTEAD W6
MENS 3s	0-5	WINCHMORE HILL & ENFIELD

MARCH FIXTURES

	1ST FEBRUARY	8TH FEBRUARY	15TH FEBRUARY	22ND FEBRUARY
LADIES 1S	V WEST HERTS (A)	V SOUTHGATE W3 (H)	V LONDON EDWARDSIANS (A)	BARNES W3 (A)
LADIES 2S	V WEST HAMPSTEAD W6 (A)	V EASTCOTE W5 (H)	V ASHFORD W3 (A)	WEST HAMPSTEAD W7 (H)
LADIES 3S	V EASTCOTE W5 (A)	V ASHFORD W3 (H)	WEST HAMPSTEAD W7 (H)	V WINCHMORE HILL & ENFIELD (H)
MENS 1S	V PHC CHISWICK M4 (H)	V WEST HAMPSTEAD M5 (A)	WEST HERTS M3 (H)	V ASHFORD M2 (H)
MENS 2S	V OLD MERCHANT TAYLORS M4 (H)	V WEST HAMPSTEAD M9 (A)	HARROW M3 (A)	V SOUTHGATE M7 (A)
MENS 3S	V PHC CHISWICK M6 (H)	V OLD MERCHANT TAYLORS M4 (A)	HARROW M2 (H)	V OLD HABERDASHERS M1 (A)

LEAGUE TABLES

Here's how the teams stand in their respective leagues, well done Ladies 2's riding high at the top of your league!

LADIES 1S

Team	Played	Won	Drawn	Lost	For	Against	GD	Points
1 Teddington W2	16	12	2	2	42	19	23	37
2 Spencer W2	16	11	2	3	41	21	20	35
3 London Wayfarers W3	16	11	2	3	35	20	15	35
4 Barnes W3	16	10	3	3	30	16	14	33
5 London Academicals W1	16	10	2	4	36	18	18	32
6 London Edwardians W1	16	6	4	6	21	19	2	22
7 Hampstead & Westminster W4	16	6	1	9	29	31	-2	19
8 Spencer W3	16	4	4	8	27	34	-7	16
9 West Herts W1	16	3	5	8	24	31	-7	14
10 Surbiton W4	16	3	2	11	17	41	-24	11
11 Harrow W1	16	2	3	11	14	42	-28	9
12 Southgate W3	16	1	4	11	16	40	-24	7

LADIES 2S & 3S

Team	Played	Won	Drawn	Lost	For	Against	GD	Points
1 Harrow W2	14	14	0	0	71	0	71	42
2 West Hampstead W6	15	12	0	3	57	10	47	36
3 Winchmore Hill & Enfield W2	14	10	0	4	30	17	13	30
4 Hendon & Mill Hill W2	15	9	0	6	29	17	12	27
5 Eastcote W5	15	7	2	6	23	18	5	23
6 Harrow W3	14	8	0	6	40	20	20	22
7 Old Uxonians W1	15	5	0	10	15	50	-35	14
8 West Hampstead W7	15	3	2	10	11	48	-37	11
9 PHC Chiswick W5	15	3	2	10	14	43	-29	10
10 Southgate W6	14	3	0	11	16	45	-29	8
11 Ashford (Middlesex) W3	14	3	0	11	13	51	-38	6

MENS 1S

	Team	Played	Won	Drawn	Lost	For	Against	GD	Points
1	West Hampstead M3	16	13	2	1	63	15	48	41
2	PHC Chiswick M3	16	10	2	4	53	29	24	32
3	Southgate M5	16	9	3	4	56	27	29	30
4	Winchmore Hill & Enfield M1	16	9	3	4	46	29	17	30
5	Indian Gymkhana M4	16	9	3	4	67	44	23	29
6	West Hampstead M5	16	8	2	6	41	45	-4	26
7	Harrow M1	16	5	2	9	34	45	-11	16
8	PHC Chiswick M4	16	5	1	10	26	41	-15	16
9	Osterley M1	16	4	3	9	49	64	-15	15
10	Ashford (Middlesex) M2	16	4	2	10	30	59	-29	14
11	Old Merchant Taylors M3	16	4	2	10	24	51	-27	13
12	West Herts M3	16	3	1	12	26	66	-40	10

MENS 2S & 3S

	Team	Played	Won	Drawn	Lost	For	Against	GD	Points
1	Winchmore Hill & Enfield M2	12	11	0	1	47	14	33	33
2	Richmond Stags	12	10	0	2	59	12	47	30
3	Old Haberdashers M1	10	9	0	1	37	13	24	27
4	PHC Chiswick M6	12	6	0	6	26	26	0	18
5	Old Merchant Taylors M4	11	3	2	6	14	24	-10	11
6	Harrow M2	10	3	1	6	17	30	-13	10
7	Southgate M7	11	3	1	7	15	35	-20	9
8	West Hampstead M9	13	3	0	10	16	40	-24	9
9	Harrow M3	9	0	0	9	6	43	-37	-1

CLEAN SHEET COMPETITION

Here's how the GK's have been performing, there's a GK water bottle up for grabs at the end of the season for the most clean sheets this second half of the season.

	JANUARY	FEBRUARY	TOTAL POST XMAS
YOOFI	0	0	0
ADITIYA	0	0	0
PAULA	0	0	0
KAJ	1	1	2
CHANDRIKA	1	2	3
MALLORY	0	1	1
YASMINE	0	1	1

HHC ON TOUR

The social committee have been working hard to organise a HHC hockey tour for the summer! It will be at Sonning Hockey Club from 4-6 July. Details of the tour can be found here: <https://www.sonninghockeyfestival.co.uk/>

It will be a fun weekend of hockey, live music and loads more in store There are spaces left for anyone who wants to come.

Please note it is for OVER 18s ONLY - partners and +1s are very welcome.

Please let Amy, Chand or Dan Beeching know if you want to come or need more info!

The tour is for anyone who fancies a weekend away in the sun regardless of whether you drink or not - if you are concerned for any reason about the tour let one of us know and we can chat to you privately.

We will be at training this week if anyone wants to know more

♥♥ Lots of love your social secs xx

FROM THE SIDELINES



TIM IS RUNNING THE LONDON MARATHON!

Hi to all at Harrow Hockey Club,

A few years ago a good friend and fellow Norwich City fan, Brian, invited me along to Harrow Park Run. I got the bug and aside from a few months in 2020 when I got injured playing hockey, I've been out running a few times a week since then and I am Park Run every Saturday morning.

I ran my first Half Marathon in autumn 2022 and in summer 2023 decided to have a go at the big one although it did take an afternoon in the pub to persuade me!

I ran two marathons in 2024 Brighton and Abingdon, and in June last year I got the fab news that I had got into London via the ballot after a number of unsuccessful attempts.

Training is going well so far and involves running around 40 miles a week plus staying completely off the beers. I will leave to judge which of these two is the harder to do!

As my marathon place is via the ballot, I can pick who I would like to run for and I've gone for a local charity, St Lukes Hospice, on the Kenton Road. A charity that has supported past members of Harrow HC and Kenton Sports Club.

<https://www.stlukes-hospice.org/>

I know times are tough but if anyone has a few spare coins that could be thrown my way for St Lukes, it would be much appreciated.

I have set up a just giving page, link below, if you are able to support St Lukes and me on the way round the route.

<https://www.justgiving.com/page/tim-allman-1>

You can follow my training here via Strava

<https://www.strava.com/athletes/46081478>

Tim

St Luke's 
HOSPICE

MEN'S 2/3'S TOURNAMENT

We have been invited to a tournament by Old Habs HC. This is on 12th April 2025, Dan Legg is sorting a team, so if you're interested then please contact Dan to sign up for the team.

There will be 3 matches to be played through the day, food and drink available, £22.50 per person.

It will be a great way to round off the season, so would be great to send a team!

LONG SERVICE AWARDS

Some of our records have gone awry on the systems, and we don't want to miss awarding anyone a Long Service Award from the club. So if you have served continuously as either a player or committee member for any of the following lengths of time please let [Kerri](#) know.

15 Years

25 Years

30 Years

40 Years

50 Years

Also a polite reminder on your renewal next season to make sure you enter your joining date so this can be monitored moving forward.

LONDON MASTERS HOCKEY

London Masters hockey is open to anyone Over 35 (across several age groups) who wishes to trial. The Regional Competitions are held from May through to June around the country. We've had many representatives from Harrow HC over the years, and it would be great to have some more added this season!

To sign up for trials you simply need to complete the form below, then the age group lead will be in contact with dates.

[Play Masters Hockey - How You Can Get Involved!](#)

If you've any questions feel free to ask [myself](#), or email the London Lead [Sara Walker](#) who will be happy to help.

SOCIAL DATES FOR YOUR DIARY

Saturday 1st March - Men's social - Put and Play, Harrow on the Hill

Saturday 15th March - Ladies Social - Details and Poll on Spond

Saturday 5th April - End of Season Drinks - Kenton Sports Club

Friday 25th April - Annual Dinner Dance - Northwood Golf Club - Sign up on Spond



SAVE THE DATE

HARROW HOCKEY CLUB'S ANNUAL DINNER AND DANCE

FRIDAY 25TH APRIL

 NORTHWOOD GOLF CLUB

£ EARLY BIRD - £40

 TIME TBC

RAFFLE PRIZES NEEDED

If you have anything you would like to contribute to the Dinner & Dance raffle then please see one of the Social Committee, thank you in advance!

LONDON MASTERS HOCKEY

The next draw for the 100 Club will be at the Dinner Dance, there are still squares free so please contact [Chandrika](#) to secure your number! The prizes are:

1st Prize - £100

2nd Prize - £50

3rd Prize - £25

HARROW HOCKEY CLUB'S									
100 CLUB									
£10 A SQUARE PRIZES: 1ST £100 / 2ND £50 / 3RD £25 CHRISTMAS & END OF SEASON DRAW									
1 YOOFI	2 DAN LEGG	3 REECE	4 KERRI	5 MARK HOSKINS	6 KERRI	7 AMY	8 CHAND	9	10 DAN LEGG
11 NICK	12	13 MEL	14 NIKESH	15	16 THOMAS	17 MILLIE	18	19	20
21	22 KIM	23 SADIE	24 LUCY A	25 ZOE	26	2 KAT	28 ZOE	29	30 YOOFI
31	32 CHAND	33 NAT	34 EMMA	35 RHIAN PASCH	36	37	38 TIM A	39 MEL	40
41 ASEM	42 DANNY	43 PEE	44 DANNY	45 KATE DOB	46 KERRI	47	48	49	50 KIM
51	52	53	54	55	56 HOLLY	57	58	59	60
61 LOUISE	62	63	64 BEN M	65	66 MARK HOSKINS	67	68	69 JEFFREY	70 EMILY
71	72 KAITLYN	73	74	75	76 LIZ YULL	77	78 DAVE	79	80
81	82 AMY	83	84 PEE	85	86 AMY	8	88 ED	89 ED	90
91	92	93	94	95	96	97	98	99 NEIL	100 YOOFI

PLAYER OF THE WEEK

Well done on winning a £10 voucher to spend at AJ Sports.

PLAYER OF THE WEEK

THOMAS

has earned a £10 gift voucher for their outstanding performance.

Proudly supported by



PLAYER OF THE WEEK

ELLA

has earned a £10 gift voucher for their outstanding performance.

Proudly supported by



PLAYER OF THE WEEK

MALLORY

has earned a £10 gift voucher for their outstanding performance.

Proudly supported by



PLAYER OF THE WEEK

AVA

has earned a £10 gift voucher for their outstanding performance.

Proudly supported by



PLAYER OF THE WEEK

MARK

has earned a £10 gift voucher for their outstanding performance.

Proudly supported by



UMPIRES CORNER

Here's who's been turning up to support our club and umpire every week, thank you!

DON	18
TIM	16
MEL	10
ARTHUR	9
TASHA & DAN B	4
DAN L & AMY	2
ALEX, ANISH, KERRI	1

Have you thought about supporting the club and getting yourself qualified? London hockey are revising their umpiring standards in advance of next season to improve the consistency and quality of officiating across all leagues. In line with the requirements of next season we are looking to progress club members and juniors through their umpiring qualifications.

We have a number of unassessed umpires who are capable of completing their Level 1s and will look to get assessments over the summer.

If you have done your online course and have umpired a few games please let me know so we can watch you, give a few pointers and get you ready for assessment.

If you want to start your umpiring journey then the first steps are simple, book yourself onto a "Introduction to Umpiring" and or an "Online Level 1" course, and the club will cover the cost of your course once it is completed.

Online Courses are being on the following dates, and you can book [HERE](#)

Introduction to Umpiring Courses:
13th March 2025

Umpire Level 1 Courses:
2nd March 2025
6th March 2025
11th March 2025
19th March 2025
24th March 2025

If you would like to give yourself more knowledge before completing the Level 1 course then there are many other courses available to that will give you a background to umpiring, these can be found [HERE](#)

If you are interested in umpiring, then please contact us - anyone can blow a whistle, and games can't go ahead without umpires. [Mel Clements](#) is our Umpire Coordinator, and is very happy to help!



JUNIOR ROUND UP

MATCHES

Well done to all teams on some great results in their February matches, some fab team performances have been on display. All focus is now on the London Tournaments that take place through March, and we have teams entered in each age group.



HOSTING LONDON TOURNAMENTS

We have been chosen to host two London Tournaments this year, they're a great opportunity to showcase the club. We may need volunteers to help run the events, in many capacities, so if you're free on either of the below dates please [let us know](#):

Sunday 9th March – U10 Girls

Sunday 23rd March – U12 Boys

TOP GOAL SCORERS

The competition is on for the Gary Capp Hot Shot trophy! Here's who's topping the list with 10+ goals so far!

Theo	24	(U8)	Sanya	13	(U10)
Arya	22	(U10)	Yi-Kin	12	(U12)
Aaron	21	(U8)	Anaiya	12	(U12)
Alice	20	(U8)			
Caspian	18	(U10)			
Una	15	(U12)			
Kailah	14	(U12)			
Ethan	14	(U8)			

COACHING

Anyone over the age of 16 can do their coaching course, and have the potential to be paid to coach our juniors on Sundays. [Link to courses.](#)

Once booked on if you send your receipt for the cost to harrowhcjuniors@hotmail.com with your bank details we will reimburse you.

COACHING

England Hockey is thrilled to announce the launch of the "25 in 2025" Coaching Roadshows! Join them for exciting on-pitch workshops designed to:

- Boost your coaching skills: Learn dynamic practice ideas for all levels
- Empower your players: Create fun and engaging sessions
- Support club growth: Identify future leaders and develop coaches and volunteers

Each two-hour session will be packed with practice ideas, from warm-ups to gameplay. Plus, you can access all practice videos on YouTube after the session for easy review.

Don't miss out! Visit the England Hockey coaching webpages to [learn more](#)

The logo features a large, stylized number '25' in white with a red outline. Below the '25', the word 'IN' is written in white inside a small white box, and the year '2025' is written in white below that.

COACHING ROADSHOWS

ELEVATE YOUR GAME, ENHANCE PLAYER EXPERIENCE
ENGAGE YOUR COMMUNITY

FIH PRO LEAGUE TICKETS

Last year's prices frozen for only 10 more days! [Buy now](#) to secure the best seats and save 30%* on tickets!



 14-22 June 2025

 London - World-class international hockey on your doorstep!

 Top teams from Netherlands, Australia, Germany, Argentina, and more!

 U16 tickets from just £8

BE ON BALL PATROL

England Hockey have opened applications for 15-18-year-olds to be part of the Ball Patrol team at next summer's FIH Pro League in June 2025, London. Ball Patrol teams require quick reactions and a good knowledge of Hockey to take part in this role. Find out more [HERE](#)



EASY FUNDRAISING

All your favourite brands can be found on Easy Fundraising, and there's loads of deals to be found this month, particularly with holiday companies, so get booking for that summer getaway!

Click [HERE](#) to find out more!



CAREER OPPORTUNITIES AT ENGLAND HOCKEY

England Hockey's mission is to “share the love of hockey and make it more visible, relevant, and accessible to all”. They're currently seeking passionate individuals to join their team and help them achieve this mission through the delivery of our [2023-2028 Strategic Plan](#).

There are currently a number of openings, including opportunities to become a member of the England Hockey Board. These are exciting chances to be part of their journey to build on the incredible achievements of the last decade.

Ready to make a difference in the world of hockey? Visit the website to see all the [available roles](#) and apply today.

For any questions, please contact careers@englandhockey.co.uk

